

at Joshua Tree National Park

74485 National Park Dr. Twentynine Palms, CA 92277
Phone: 760-367-5539; e-mail:desertinstitute@joshuatree.org

Creative Camp Cooking with Chef Tanya Petrovna

Information

Date/ Time: Saturday, October 26, 8:00 am – 5:30 pm
Sunday, October 27, 6:30 am – 2:00 pm
Meet at: [Joshua Tree Visitor Center](#) (click on the link for a map to the class site)
6554 Park Blvd., Joshua Tree, CA 92252
Instructors: Chef Tanya Petrovka
Lew Kingman, hike leader

Overview

Join Chef Tanya Petrovna to learn easy, creative Plant Based camp cooking on this weekend class. We will share with you many successful recipes for fun, exciting eating while camping in Joshua Tree National Park. Recipes will range from Campsite Pizza, Bourignon on Buttered Fire Pit Potatoes, Ash Roasted Vegetables Purses to Smores Dip. Fruity Fresh Dutch Oven biscuits and Dude Hash for breakfast, Trail Sandwiches and Wraps and Backpack Desserts. The course fee includes the meal ingredients.

Chef Tanya will help you to be a good camp cook based on pre-trip preparations, packing your foods correctly (no one wants water soaked sandwiches), and cooking equipment and utensils checklists. To create a good appetite, hikes with Lew Kingman are scheduled for both Saturday and Sunday.

Itinerary

Saturday, October 26, 8:00 am – 5:30 pm

- 8 am meet at Joshua Tree Visitor Center and caravan to Lost Horse Campground
- Set Up Camp
- 10 am - head out for a hike with Lew Kingman
- Lunch in the park on the hike (**bring your lunch!**)
- Dinner class begins at 3:30 with Tanya Petrovna
- Dinner at 5 pm
- Sunset at 6:30 pm

Sunday, October 27, 6:30 am – 2:00 pm

- Breakfast class begins at 6:30 am with Tanya Petrovna

- 9:30 am – head out for a hike with Lew Kingman with lunches prepared by Chef Tanya
- 1:00 pm – 2:00 pm Break-down camp
- 2:00 pm – class ends.

What to Bring to the Course

Camping Materials

- Tent
- Sleeping bag
- Foam pad, blow up mattress or cot
- Cooler with ice
- Water (there is no water in the park or in our campground)
- Food
 - **Bring a lunch for Saturday**
 - Cook dinner in camp Saturday evening
 - Snacks and beverages for campfire on Saturday night
- Cooking and eating utensils
- Lantern
- Flashlight (your headlamp will do just fine)
- Trash bags
- Toiletries and towel
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The 10 Essentials: Everyday in the Desert

- Small day pack or fanny pack
- 4 quarts of water
- Closed toe hiking shoes
- Lunch and snacks
- Clothing layers (be prepared for cold and windy or hot and dry)
- Brimmed Hat
- Sun glasses
- Sunscreen
- Notebook and pencil/pen
- Whistle

Optional Equipment

- Hiking poles

Fitness Requirements

Participants must be in good physical condition for courses/activities in a desert that may be hot, dry, windy, and sometimes surprisingly cold

Hike Level

Moderate

Guidelines

- You are responsible for your safety.
- Park your car in designated areas only. Parking along the side of the road is dangerous to you and the environment.
- Rattlesnakes are present in the desert. Avoid contact with wildlife. Put your hands and feet only where you can see them.
- Only you know your limits, please let the instructor or Desert Institute Representative know if you do not want to continue.
- Watch your step. Beware of uneven ground and obstacles.
- Stay with the group. If you get lost, stay put.
- Drink plenty of water. If you run out, notify the instructor or the Desert Institute Representative.
- Before leaving the class, check out with the Desert Institute Representative.

Instructor Biography

TANYA PETROVNA is the Chef and founder of the all plant-based, Chef Tanya's Kitchen in Palm Springs, CA , a fresh deli and take-out concept. She was the visionary founder of Native Foods Café (1994-2012). Chef Tanya currently resides in Palm Springs, California where she teaches cooking classes and Iyengar Yoga. She is an avid naturalist and is currently moderating the Facebook page "Keep Open Space Open" in hopes that current and future generations will be left space to breath and enjoy nature.

Lew Kingman is a retired fire fighter and worked for the Palm Springs Desert Museum as a hike leader for 8 years. He volunteers with the Riverside County Sheriff's Search and Rescue for over 19 years and Joshua Tree National Park as an archaeological site steward and a "lead" field representative for the Desert Institute.

Suggested Reading

* The Desert Institute staff/instructors will attempt to accommodate participant's needs; however we reserve the right to deny a student participation in the course due to concerns regarding health

and safety issues.